

GRADE 5 EPILEPSY EDUCATION



“THINKING ABOUT EPILEPSY”

**To book a presentation or for more information
contact:**

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BENEFITS OF THE PROGRAM:

PROMOTES EMPATHY AND ACCEPTANCE

- ✓ **Epilepsy Facts**
- ✓ **How to be a Friend**
- ✓ **More informed and confident students**

MEETS CURRICULUM EXPECTATIONS

- ✓ **Health and Physical Education: Healthy Living**
- ✓ **Science: Human Organ Systems**

SAFER MORE INCLUSIVE SCHOOLS

- ✓ **Hands on Seizure First Aid**
- ✓ **Corrects Misinformation**
- ✓ **Staff Sessions Available**

FREE AND STRESS FREE

- ✓ **No cost**
- ✓ **45 min presentation delivered by our Education Coordinator**
- ✓ **Only projector and screen required**

We are pleased to announce that the Epilepsy Resource Centre has been awarded an Ontario Trillium Foundation grant from the Government of Ontario for the Grade 5, *Thinking About Epilepsy* program. With support from your school board, we would like to offer this program throughout the community.

Thinking About Epilepsy

- *Developed by the Epilepsy Support Centre in London, Ontario, is designed to provide students and staff with seizure first-aid and information about epilepsy*
- *Promotes empathy and acceptance of people with epilepsy*
- *Meets specific expectations in the Ontario curriculum for Science and Health*
- *Presentation is fun and engaging, including videos and “hands-on” first-aid*
- *Delivered by our Education Coordinator (OCT) and one volunteer*
- *Students will be asked to complete a short survey both before and after the presentation*
- *Each participating classroom will receive a “Seizure Safe” certificate*
- *Students gain the confidence and knowledge to react appropriately and sensitively to someone experiencing a seizure*

Educator training sessions include:

- *Epilepsy 101*
- *Recognizing seizure types*
- *Seizure first-aid*
- *How epilepsy can affect learning*
- *Strategies to help manage the impact of epilepsy on learning to ensure the child achieves success*
- *Tips the teacher can use to easily explain epilepsy to students and reduce their anxiety*
- *Detailed resource manual*

Through this program we hope to also improve epilepsy awareness both among staff and students. *Epilepsy affects 1 in 100 Ontarians, and 1 in 10 individuals will have a seizure in their lifetime, yet the disorder remains frequently misunderstood. Students with epilepsy may face safety issues, teasing, bullying and missed opportunities to excel academically, which has a long-term impact on their future.*

#ThinkingAboutEpilepsy

HERE'S WHAT TEACHERS ARE SAYING!

“Great slide show! Ties in nicely with Grade 5 Human Body Science curriculum.”

“Wonderful, age appropriate presentation. They learned a lot.”

“Very informative and the students were very engaged and eager to ask questions and learn.”

“The information was delivered to students in a way that they were able to understand. Excellent presentation!”

“Information was presented at the students’ level. They were really engaged!”

OVER 350 STUDENTS CAN'T BE WRONG!